



THE MAYOR AND BOROUGH COUNCIL
of the
BOROUGH OF GLEN RIDGE
County of Essex
State of New Jersey

Wednesday, September 27, 2023

RESOLUTION NO. 147-23

Offered by Councilor **MANS**
Seconded by Councilor

WHEREAS the workplace is unique in its ability to encourage individual and community change and the increasing number of people seeking help for chronic diseases (like diabetes, heart disease, and obesity) and the rising costs of health care make employers vital players in the decisions that affect the health of their communities and the health care delivery system.

WHEREAS, those who are working more than 35 hours a week spend much of their waking hours in the workplace and employers can use this opportunity to provide and promote healthy work environments and improve the quality of life for all employees.

WHEREAS, by offering programs, improving physical surroundings, and implementing health-minded policies, a workplace setting can improve the health of their employees and lower indirect costs related to absenteeism.

NOW THEREFORE BE IT RESOLVED, the Borough of Glen Ridge recognizes the importance of tobacco free public and private worksites and encourages businesses to aim towards increasing employee wellness by reducing tobacco use through education of cessation resources and the harmful effects of tobacco products, employee benefits that include cessation referrals and support and wellness initiatives.