LACKAWANNA COALITION
P. O. Box 283
Millburn, NJ 07041
www.lackawannacoalition.org

URGENT ALERT REGARDING CUTS IN TRAIN SERVICE

YOUR ACTION IS NEEDED NOW!

New Jersey Transit just eliminated the last weekday train from Manhattan to your town. This means that your residents will no longer be able to enjoy late-running events in the City without risking being stranded all night. The last train to leave at 1:19 a.m. now leaves 45 minutes earlier at 12:34 a.m. On the Gladstone Line it is even 45 minutes earlier than that. If riders miss this train, they will be stranded until at least 6:00 a.m.

In addition, the last inbound train at night now leaves Dover much earlier at 10:32 p.m. NJT has implemented these changes without notice effective September 14.

Because NJT did not issue an announcement well before the fact, there was no opportunity to make the case for maintaining these trains and riders’ mobility. But with your help, together we can fight this disservice to NJT’s customers. Tell the Lackawanna Coalition that you support restoring the trains that were eliminated and that you object to the lack of notice to the public. To learn more, call David Peter Alan, Chair of the Lackawanna Coalition, at 973-715-5626 or email us at info@lackawannacoalition.org.

We urge each town to join the Lackawanna Coalition and to appoint a representative to attend our meetings. Then we can work together and accomplish much!

DAVID PETER ALAN
Lackawanna Coalition Chair

ELAINE BECKER
Community Outreach Coord.
Former Mayor, Millburn Twp.

Dated: September 16, 2015
September 2015

Dear Friend:

We have a busy schedule of events this fall, with everything from community recycling days for Essex County residents to a variety of special activities throughout our historic Park System. We hope you take the time to review the enclosed information and mark your calendars. Here are three events that we’d like to highlight:

10TH ANNUAL SENIOR WELLNESS DAY
Tuesday, September 29th from 10 am to 2 pm
Essex County Codey Arena, 560 Northfield Avenue, West Orange
Essex County Seniors ages 60 years and older can enjoy an activity-filled day with music, entertainment and information about community organizations and programs that can help them live independently and remain active. Bags of produce will be distributed. For information, call 973-621-4400. For transportation to the event, call 973-618-1290.

ESSEX COUNTY HOUSEHOLD HAZARDOUS WASTE COLLECTION DAY
Saturday, October 3rd from 8:30 am to 4 pm
125 Fairview Ave., Cedar Grove (next to the old Hospital Center)
Protect our environment by properly disposing of household materials. Essex County residents must show proof of residency at the site. For information, call the Essex County Utilities Authority at 973-792-9060.

ESSEX COUNTY COMPUTER AND ELECTRONICS RECYCLING DAY
Saturday, October 17th from 9 am to 3 pm
125 Fairview Ave., Cedar Grove (next to the old Hospital Center)
Give your old and unwanted computers and electronic equipment a second life by recycling them. Essex County residents must show proof of residency at the site. For information, call the Essex County Utilities Authority at 973-792-9060.

We look forward to seeing you at these and other events. Working together we will continue Putting Essex County First.

Sincerely,

Joseph N. DiVincenzo, Jr.
Essex County Executive

Please see other side for upcoming events and activities.
"We look forward to welcoming our Essex County Seniors at the 10th Annual Essex County Senior Wellness Day. We will be offering information about programs and services available for seniors, the benefits of exercise and good nutrition, plus music and entertainment."

- Joseph N. DiVincenzo, Jr.

Joseph N. DiVincenzo, Jr., Essex County Executive And The Board of Chosen Freeholders

Invite you to attend

The 10th Annual

Essex County Senior Wellness Day

** FOR ESSEX COUNTY SENIORS ONLY **

Free Event!!

Tuesday, September 29, 2015
10 a.m. to 2 p.m.
Essex County Richard J. Codey Arena
560 Northfield Avenue
West Orange, NJ

For information, call 973-621-4400
For transportation, call 973-618-1280

Health Screenings *** Musical Entertainment *** Dancing *** Free Food Farmers Market (bagged produce) *** Exercise Demonstrations Valuable Information *** Free Admission to Turtle Back Zoo for All Seniors

Putting Essex County First
Essex County is here to serve you!

Essex County Division of Senior Services
Main Number 973-395-8375; Special Transportation Number 973-618-1280

The Essex County Division of Senior Services is the doorway to programs and services that support and assist seniors and adults with physical disabilities. It is the primary center for planning, program development and coordination of services to persons age 60 and over. The Division’s services are targeted to individuals with the greatest social and economic need.

Programs offered by the Division of Senior Services include: Adult Protective Services, Assisted Transportation, Caregiver Assistance, Care Management, Certified Home Health Aide, Dental Health Services, Emergency Heating/Cooling Program, Financial Counseling: Friend/Advocate, Grandparent Caregivers, Health Insurance Counseling (SHIP), Home Delivered Meals, Home Friend (in-home chore service), Home Modifications (ramps), Information & Assistance (NJ EASE), Legal Services, Respite Services, Residential Repair, NJ State Caregivers Assistance, Nutrition Sites, Outreach Programs: Jersey Assistance for community caregivers (JACC), Senior Citizen Newspaper – Essex Advisor, Socialization/Recreation-Grandparent, Telephone Reassurance, Title IIIIE Family Caregivers Support Services, Transportation and Visiting Nurse.

The County has 10 sites open to seniors ages 60 and older that provide individuals with a nutritionally balanced hot meal in a group setting, with supportive social services. There is a suggested $2 donation, but no senior is denied a meal because of the inability to contribute.

Essex County Department of Parks, Recreation and Cultural Affairs
Main Number 973-268-3500

The Essex County Department of Parks, Recreation and Cultural Affairs hosts 11 senior citizen social clubs and offers Rhythmic exercise classes and aquatic exercise classes in various locations. For information, please call 973-735-6229.

Essex County Office of Housing and Community Development
973-655-0200

The Office of Housing and Community Development offers a Home Improvement Program in which income-eligible senior citizens can apply for deferred loans to make improvements on heating system, roofing, plumbing, electrical and code violation abatements in their homes.

For more information on these and other programs, visit www.essexcountynj.org

Putting Essex County and Our Senior Citizens First!
ESSEX COUNTY'S COLLECTION DAY
Household Hazardous Waste

Free to all Essex County Residents

Saturday, October 3, 2015
8:30 a.m. to 4:00 p.m.
125 Fairview Avenue (Next to Old Hospital Center)
Cedar Grove, New Jersey

Essex County residents must provide proof of residency at the site.
For more information call 973-792-9060 or www.ecuanj.com

ITEMS ACCEPTED:
Pesticides and Herbicides
Paint thinners and solvents
Oil based paints and stains
Chemistry sets
Propane tanks (barbecue type)
Pool chemicals
Automotive fluids (antifreeze, motor oil, steering fluids, etc.)
Darkroom/Photographic chemicals
Lithium and NiCad batteries

Fluorescent light bulbs and ballasts
Mercury and products containing mercury
Gasoline/Kerosene
Household cleaning fluids
Car batteries
Fire extinguishers (home)
Driveway sealer
Aerosol spray paints

WE WILL NOT ACCEPT:
Latex paint
Unlabeled or Unidentified Materials
Asbestos
Regulated Medical Waste or Infectious Waste
Commercial or Industrial Waste
Empty Containers

Explosives, Munitions, Ordnance or Reactive Materials
Household batteries (AA, AAA, C, D, 9V)
Smoke Detectors and Carbon Monoxide Alarms

Not for Commercial and Industrial Facilities.

"There are some materials that should be removed from our regular waste stream because of their hazardous nature. This collection day provides our residents a place to properly and safely dispose of contaminants, protecting our precious environment for future generations. I encourage residents of all of our communities to come out and participate."

— Joseph N. DiVincenzo, Jr.
ESSEX COUNTY'S RECYCLING DAY
Computer & Electronics

Free to all Essex County Residents

Saturday, October 17, 2015
9:00 a.m. to 3:00 p.m.
125 Fairview Avenue (Next to Old Hospital Center)
Cedar Grove, New Jersey

Essex County residents must provide proof of residency at the site.
For more information call 973-792-9060 or www.ecuanj.com

ITEMS ACCEPTED:
Computers
Monitors
Printers
Fax Machines
Scanners
Telecom Equipment
Speakers
Televisions
Keyboards
Main Frames
VCRs
Stereos
DVD Players
Toasters
Irons
Old Cellular Telephones

WE WILL NOT ACCEPT:
Smoke Detectors,
Carbon Monoxide Alarms

Commercial and Large Quantity Users May Not Drop Off Items.

"Recycling computer hardware and electronic devices helps remove lead and other dangerous chemicals from our waste stream, which is important for us and our children. With your participation, we can do our part to protect the environment."

— Joseph N. DiVincenzo, Jr.

Joseph N. DiVincenzo, Jr., Essex County Executive, the Board of Chosen Freeholders and the Essex County Utilities Authority