November Healthy Monday Tweets

11/7/2016:

1 in 11 Americans has diabetes today. Join us this month in raising
awareness to this growing health crisis #ThisisDiabetes #ADAM2016

11/14/16

Alzheimer's is the only disease among the top 10 causes of death in America that cannot be prevented, cured or even slowed #HealthyMonday

11/21/16

Try to make healthier choices this thanksgiving by making colorful sides of mixed veggies and trading the pie in for fruit #HealthyMonday

11/28/16

Did u know quitting smoking at any age can lower the risk of lung cancer? Getting a lung screening may find cancer early #HealthyMonday