***Nursing November 2016***

***Blood Pressure Screening*** – 1st and 3rd Thursday of every month; 9:30 am to 10:30 am. A free screening which includes blood pressure and pulse assessment with health counseling from a public health nurse. Nov 3, 17

***Blood Pressure Screening*** – 3rd Friday of every month; 11:30 am to 12:30 pm; Bloomfield Civic Center, 84 Broad Street. Free.; Nov 18

***Wave Screening:*** Thursday November 3; 10AM to 1PM. Free to everyone with Medicare. Call 973-680-4058 for details and schedule an appointment.

***Blood Pressure Screening*** – 2nd Thursday of every month from 10 am to 12 noon; Brookdale Shoprite. Free. Nov 10

***Diabetes Screening*** – Cost: $10 - 10 am to 11 am – Tues, Nov 15. Fasting not required.

***Tuberculin Skin Test (PPD, Mantoux, TST)*** - Public Health Nursing provides tuberculin skin tests at a cost of $20 – Call for more info!

***Adult Vaccine Program*** – 8:30 am to 4 pm, Mon thru Fri; 19 yrs and over. Call for information and eligibility requirements. Protect yourself against vaccine-preventable diseases!

***Well Child Program*** – Most Wednesdays, appts at 9 am. Infants to teens, age 2 months thru 18 yrs. Vaccines, lead screening, autism screening, growth and development assessment, post-partum depression screening. Call for details and eligibility requirements.

***File of Life Program*** – Do you carry a list of your medicines on a piece of paper that has seen better days? Come to the Nursing Office and pick up a File of Life. One fits in a wallet and is protected with a plastic cover, the other is a magnet for your fridge. Information on the File of Life: Emergency Contacts; Health Care Providers Names/Numbers; Medication; Allergies; Insurance; Medical Conditions; Health Proxy; Advance Directives; Blood Type. The File of Life is a free program sponsored by the Bloomfield Emergency Squad and the Bloomfield Office of Emergency Management.

**Unless otherwise indicated, all screenings are held in the Public Health Nursing Office. An appointment is required for all screenings.**