

BLOOD PRESSURE SCREENINGS
NO COST

Blood pressure monitoring is the primary tool you have to find out if your blood pressure are within your target range

Second Wednesday of each month:

2/8 3/8 4/12 5/10 6/14

11am to 12noon

Glen Ridge Train Station: 224 Ridgewood Ave, Glen Ridge

No need to register



QUESTIONS? CONTACT
THE HEALTH DEPARTMENT
AT: 973-680-4024

