



June

2019

National Safety Month

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30						1
						<p>It's National Safety Month! Parents: Learn how you can protect your child from injury: http://bit.ly/2p2Ocy7</p>
2	3	4	5	6	7	8
<p>Prescription drugs are one of the most commonly misused substances by Americans age 14 and older. Learn more: http://bit.ly/1UnsrBe</p>		<p>Prescription painkiller overdoses are a growing problem in the United States, especially among women. About 18 women die every day from a prescription painkiller</p>		<p>Injuries are a leading cause of disability for people of all ages – and they are the leading cause of death for Americans ages 1 to 44.</p>		<p>One in 4 older adults falls each year. Many falls lead to broken bones and other health problems. Take these steps to prevent falls at home: http://bit.ly/2oFbe1o</p>
9	10	11	12	13	14	15
	<p>Riding bikes is a great way to get active. Use these tips to stay alert and safe: http://1.usa.gov/1e2fXKq</p>		<p>Texting while driving is unsafe, & it is illegal in the State of New Jersey</p>		<p>Safety tip: Add the poison control number (1-800-222-1222) to your cell phone. http://bit.ly/2ncQFcO</p>	
16	17	18	19	20	21	
23	24	25	26	27	28	
						29

For more information visit <http://www.nsc.org/act/events/Pages/national-safety-month.aspx>